

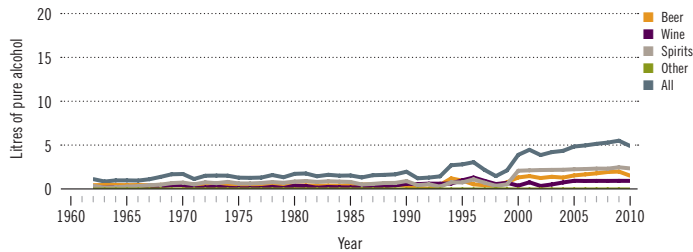
Albania

Total population: 3 150 000 ► Population aged 15 years and older (15+): 77% ► Population in urban areas: 52% ► Income group (World Bank): Upper middle income

ALCOHOL CONSUMPTION: LEVELS AND PATTERNS

Recorded alcohol per capita (15+) consumption, 1961–2010

Data refer to litres of pure alcohol per capita (15+).



Recorded alcohol per capita (15+) consumption (in litres of pure alcohol) by type of alcoholic beverage, 2010



Alcohol per capita (15+) consumption (in litres of pure alcohol)

	Average 2003–2005	Average 2008–2010	Change
Recorded	4.5	4.9 [†]	→
Unrecorded	2.1	2.1	→
Total	6.6	7.0	→
Total males / females		10.6 / 3.4	
WHO European Region	11.9	10.9	

[†] Tourist consumption deducted when at least as many tourists as inhabitants.

Total alcohol per capita (15+) consumption, drinkers only (in litres of pure alcohol), 2010

Males (15+)	17.4
Females (15+)	7.3
Both sexes (15+)	13.0

Prevalence of heavy episodic drinking* (%), 2010

	Population	Drinkers only
Males (15+)	11.3	18.4
Females (15+)	1.6	3.3
Both sexes (15+)	6.4	11.9

* Consumed at least 60 grams or more of pure alcohol on at least one occasion in the past 30 days.

Abstainers (%), 2010

	Males	Females	Both sexes
Lifetime abstainers (15+)	17.5	31.2	24.4
Former drinkers* (15+)	21.2	22.4	21.8
Abstainers (15+), past 12 months	38.7	53.6	46.2

* Persons who used to drink alcoholic beverages but have not done so in the past 12 months.

Patterns of drinking score, 2010

LEAST RISKY < 1 2 3 4 5 > MOST RISKY

HEALTH CONSEQUENCES: MORTALITY AND MORBIDITY

Age-standardized death rates (ASDR) and alcohol-attributable fractions (AAF), 2012

	ASDR*		AAF (%)	
	6.6	8.9	61.6	52.1
Liver cirrhosis, males / females	21.6	8.5	10.5	3.3
Road traffic accidents, males / females				

* Per 100 000 population (15+).

Prevalence of alcohol use disorders and alcohol dependence (%), 2010*

	Alcohol use disorders**	Alcohol dependence
Males	8.6	5.5
Females	1.9	1.4
Both sexes	5.2	3.4
WHO European Region	7.5	4.0

* 12-month prevalence estimates (15+).

** Including alcohol dependence and harmful use of alcohol.

Years of life lost (YLL) score*, 2012

LEAST < 1 2 3 4 5 > MOST

* Based on alcohol-attributable years of life lost.

POLICIES AND INTERVENTIONS

Written national policy (adopted/revised) / National action plan	Yes (2002/2011) / No	National maximum legal blood alcohol concentration (BAC) when driving a vehicle (general / young / professional), in %	0.05 / 0.05 / 0.05
Excise tax on beer / wine / spirits	Yes / Yes / Yes	Legally binding regulations on alcohol advertising / product placement	Yes / No
National legal minimum age for off-premise sales of alcoholic beverages (beer / wine / spirits)	18 / 18 / 18	Legally binding regulations on alcohol sponsorship / sales promotion	No / No
National legal minimum age for on-premise sales of alcoholic beverages (beer / wine / spirits)	18 / 18 / 18	Legally required health warning labels on alcohol advertisements / containers	No / No
Restrictions for on-/off-premise sales of alcoholic beverages: Hours, days / places, density	No, No / No, No	National government support for community action	Yes
Specific events / intoxicated persons / petrol stations	No / No / No	National monitoring system(s)	No