

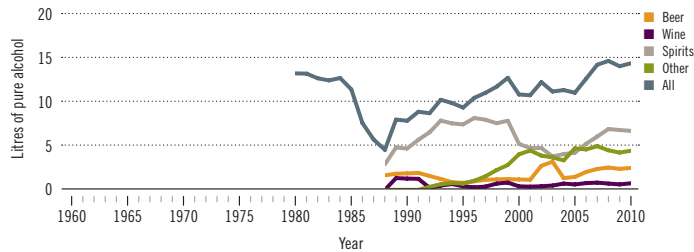
Belarus

Total population: 9 491 000 ➤ Population aged 15 years and older (15+): 85% ➤ Population in urban areas: 75% ➤ Income group (World Bank): Upper middle income

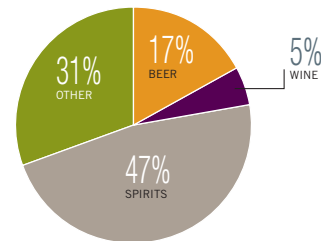
ALCOHOL CONSUMPTION: LEVELS AND PATTERNS

Recorded alcohol per capita (15+) consumption, 1961–2010

Data refer to litres of pure alcohol per capita (15+).



Recorded alcohol per capita (15+) consumption (in litres of pure alcohol) by type of alcoholic beverage, 2010



Alcohol per capita (15+) consumption (in litres of pure alcohol)

	Average 2003–2005	Average 2008–2010	Change
Recorded	11.2	14.4	↗
Unrecorded	3.9	3.2	↘
Total	15.1	17.5	↗
Total males / females		27.5 / 9.1	
WHO European Region	11.9	10.9	

Total alcohol per capita (15+) consumption, drinkers only (in litres of pure alcohol), 2010

Males (15+)	30.9
Females (15+)	12.8
Both sexes (15+)	22.1

Prevalence of heavy episodic drinking* (%), 2010

	Population	Drinkers only
Males (15+)	47.8	53.7
Females (15+)	7.5	10.5
Both sexes (15+)	25.9	32.7

*Consumed at least 60 grams or more of pure alcohol on at least one occasion in the past 30 days.

Abstainers (%), 2010

	Males	Females	Both sexes
Lifetime abstainers (15+)	6.5	18.0	12.8
Former drinkers* (15+)	4.5	11.0	8.0
Abstainers (15+), past 12 months	11.0	29.0	20.8

*Persons who used to drink alcoholic beverages but have not done so in the past 12 months.

Patterns of drinking score, 2010

LEAST RISKY < 1 2 3 4 5 > MOST RISKY

HEALTH CONSEQUENCES: MORTALITY AND MORBIDITY

Age-standardized death rates (ASDR) and alcohol-attributable fractions (AAF), 2012

	ASDR*		AAF (%)	
Liver cirrhosis, males / females	43.8	25.5	51.0	72.9
Road traffic accidents, males / females	25.9	6.5	53.5	49.3

*Per 100 000 population (15+).

Years of life lost (YLL) score*, 2012

LEAST < 1 2 3 4 5 > MOST

*Based on alcohol-attributable years of life lost.

Prevalence of alcohol use disorders and alcohol dependence (%), 2010*

	Alcohol use disorders**	Alcohol dependence
Males	29.8	19.6
Females	5.5	3.8
Both sexes	16.6	11.0
WHO European Region	7.5	4.0

*12-month prevalence estimates (15+).

**Including alcohol dependence and harmful use of alcohol.

POLICIES AND INTERVENTIONS

Written national policy (adopted/revised) / National action plan	Yes (2000/2011)/ Yes
Excise tax on beer / wine / spirits	Yes / Yes / Yes
National legal minimum age for off-premise sales of alcoholic beverages (beer / wine / spirits)	18 / 18 / 18
National legal minimum age for on-premise sales of alcoholic beverages (beer / wine / spirits)	18 / 18 / 18
Restrictions on on-/off-premise sales of alcoholic beverages: Hours, days / places, density Specific events / intoxicated persons / petrol stations	Yes, Yes / Yes, No Yes / No / No

National maximum legal blood alcohol concentration (BAC) when driving a vehicle (general / young / professional), in %	0.03 / 0.03 / 0.03
Legally binding regulations on alcohol advertising / product placement	Yes / No
Legally binding regulations on alcohol sponsorship / sales promotion	Yes / Yes
Legally required health warning labels on alcohol advertisements / containers	Yes / Yes
National government support for community action	Yes
National monitoring system(s)	Yes