

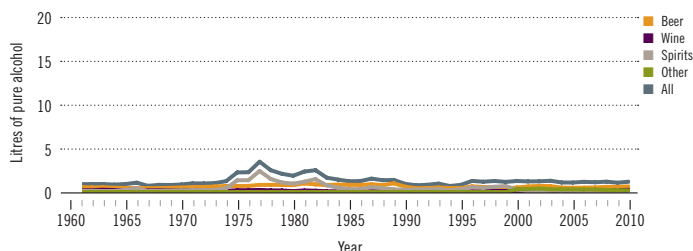
Benin

Total population: 9 510 000 ► Population aged 15 years and older (15+): 57% ► Population in urban areas: 42% ► Income group (World Bank): Low income

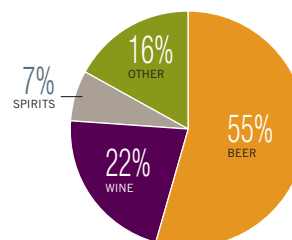
ALCOHOL CONSUMPTION: LEVELS AND PATTERNS

Recorded alcohol per capita (15+) consumption, 1961–2010

Data refer to litres of pure alcohol per capita (15+).



Recorded alcohol per capita (15+) consumption (in litres of pure alcohol) by type of alcoholic beverage, 2010



Alcohol per capita (15+) consumption (in litres of pure alcohol)

	Average 2003–2005	Average 2008–2010	Change
Recorded	1.2	1.1	→
Unrecorded	1.0	1.0	→
Total	2.2	2.1	→
Total males / females		3.4 / 0.9	
WHO African Region	6.2	6.0	

Total alcohol per capita (15+) consumption, drinkers only (in litres of pure alcohol), 2010

Males (15+)	7.0
Females (15+)	2.9
Both sexes (15+)	5.4

Prevalence of heavy episodic drinking* (%), 2010

	Population	Drinkers only
Males (15+)	34.8	71.1
Females (15+)	10.1	33.6
Both sexes (15+)	22.3	56.6

*Consumed at least 60 grams or more of pure alcohol on at least one occasion in the past 30 days.

Abstainers (%), 2010

	Males	Females	Both sexes
Lifetime abstainers (15+)	42.0	60.0	51.1
Former drinkers* (15+)	9.0	10.0	9.5
Abstainers (15+), past 12 months	51.0	70.0	60.6

*Persons who used to drink alcoholic beverages but have not done so in the past 12 months.

Patterns of drinking score, 2010

LEAST RISKY < 1 2 3 4 5 > MOST RISKY

HEALTH CONSEQUENCES: MORTALITY AND MORBIDITY

Age-standardized death rates (ASDR) and alcohol-attributable fractions (AAF), 2012

	ASDR*		AAF (%)	
	65.6	25.2	25.9	46.1
Liver cirrhosis, males / females	65.6	25.2	25.9	46.1
Road traffic accidents, males / females	47.2	19.5	9.4	2.4

*Per 100 000 population (15+).

Prevalence of alcohol use disorders and alcohol dependence (%), 2010*

	Alcohol use disorders**	Alcohol dependence
Males	8.7	3.7
Females	1.7	0.8
Both sexes	5.2	2.2
WHO African Region	3.3	1.4

*12-month prevalence estimates (15+).

**Including alcohol dependence and harmful use of alcohol.

Years of life lost (YLL) score*, 2012

LEAST < 1 2 3 4 5 > MOST

*Based on alcohol-attributable years of life lost.

POLICIES AND INTERVENTIONS

Written national policy (adopted/revised) / National action plan	No / —	National maximum legal blood alcohol concentration (BAC) when driving a vehicle (general / young / professional), in %	0.05 / 0.05 / 0.05
Excise tax on beer / wine / spirits	Yes / Yes / Yes	Legally binding regulations on alcohol advertising / product placement	No / No
National legal minimum age for off-premise sales of alcoholic beverages (beer / wine / spirits)	No / No / No	Legally binding regulations on alcohol sponsorship / sales promotion	No / No
National legal minimum age for on-premise sales of alcoholic beverages (beer / wine / spirits)	No / No / No	Legally required health warning labels on alcohol advertisements / containers	No / No
Restrictions for on-/off-premise sales of alcoholic beverages: Hours, days / places, density	Yes, No / No, No	National government support for community action	Yes
Specific events / intoxicated persons / petrol stations	No / No / No	National monitoring system(s)	No