

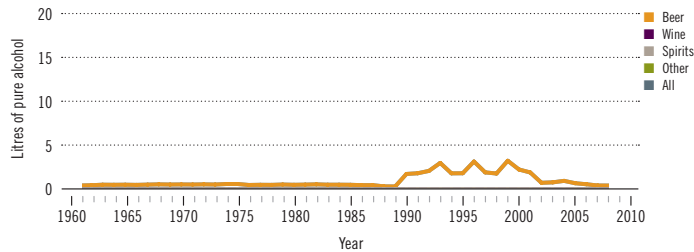
Bhutan

Total population: 717 000 > Population aged 15 years and older (15+): 70% > Population in urban areas: 35% > Income group (World Bank): Lower middle income

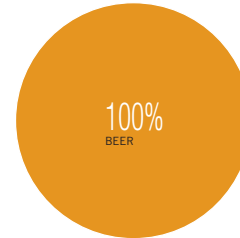
ALCOHOL CONSUMPTION: LEVELS AND PATTERNS

Recorded alcohol per capita (15+) consumption, 1961–2010

Data refer to litres of pure alcohol per capita (15+).



Recorded alcohol per capita (15+) consumption (in litres of pure alcohol) by type of alcoholic beverage, 2010



Alcohol per capita (15+) consumption (in litres of pure alcohol)

	Average 2003–2005	Average 2008–2010	Change
Recorded	0.8	0.4	→
Unrecorded	0.3	0.3	→
Total	1.1	0.7	→
Total males / females		1.2 / 0.1	
WHO South-East Asia Region	2.9	3.5	

Total alcohol per capita (15+) consumption, drinkers only (in litres of pure alcohol), 2010

Males (15+)	8.0
Females (15+)	2.2
Both sexes (15+)	6.9

Prevalence of heavy episodic drinking* (%), 2010

	Population	Drinkers only
Males (15+)	1.2	8.0
Females (15+)	<0.1	0.5
Both sexes (15+)	0.7	6.6

*Consumed at least 60 grams or more of pure alcohol on at least one occasion in the past 30 days.

Abstainers (%), 2010

	Males	Females	Both sexes
Lifetime abstainers (15+)	70.3	88.4	78.5
Former drinkers* (15+)	14.5	7.4	11.3
Abstainers (15+), past 12 months	84.7	95.8	89.7

*Persons who used to drink alcoholic beverages but have not done so in the past 12 months.

Patterns of drinking score, 2010

LEAST RISKY No information available MOST RISKY

HEALTH CONSEQUENCES: MORTALITY AND MORBIDITY

Age-standardized death rates (ASDR) and alcohol-attributable fractions (AAF), 2012

	ASDR*		AAF (%)	
	34.4	28.3	10.2	32.4
Liver cirrhosis, males / females	19.0	16.9	1.0	0.1
Road traffic accidents, males / females				

*Per 100 000 population (15+).

Years of life lost (YLL) score*, 2012

LEAST < 1 2 3 4 5 > MOST

*Based on alcohol-attributable years of life lost.

Prevalence of alcohol use disorders and alcohol dependence (%), 2010*

	Alcohol use disorders**	Alcohol dependence
Males	2.7	1.3
Females	0.5	0.2
Both sexes	1.7	0.8
WHO South-East Asia Region	2.2	1.7

*12-month prevalence estimates (15+).

**Including alcohol dependence and harmful use of alcohol.

POLICIES AND INTERVENTIONS

Written national policy (adopted/revised) / National action plan	No / —
Excise tax on beer / wine / spirits	No / Yes / Yes
National legal minimum age for off-premise sales of alcoholic beverages (beer / wine / spirits)	18 / 18 / 18
National legal minimum age for on-premise sales of alcoholic beverages (beer / wine / spirits)	18 / 18 / 18
Restrictions on on-/off-premise sales of alcoholic beverages: Hours, days / places, density Specific events / intoxicated persons / petrol stations	Yes, Yes / Yes, Yes Yes / No / Yes

National maximum legal blood alcohol concentration (BAC) when driving a vehicle (general / young / professional), in %	0.08 / 0.08 / 0.00
Legally binding regulations on alcohol advertising / product placement	Yes / Yes
Legally binding regulations on alcohol sponsorship / sales promotion	No / No
Legally required health warning labels on alcohol advertisements / containers	No / No
National government support for community action	—
National monitoring system(s)	—