

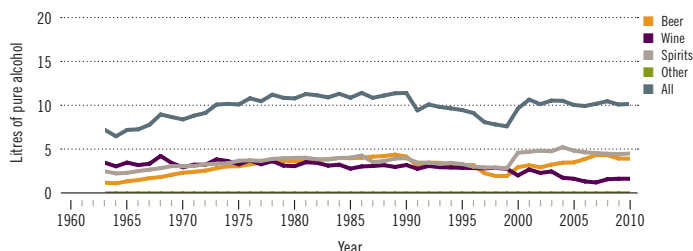
Bulgaria

Total population: 7 389 000 ► Population aged 15 years and older (15+): 87% ► Population in urban areas: 71% ► Income group (World Bank): Upper middle income

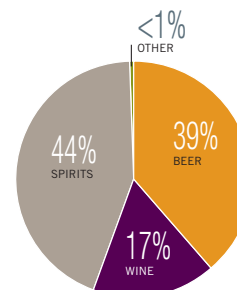
ALCOHOL CONSUMPTION: LEVELS AND PATTERNS

Recorded alcohol per capita (15+) consumption, 1961–2010

Data refer to litres of pure alcohol per capita (15+).



Recorded alcohol per capita (15+) consumption (in litres of pure alcohol) by type of alcoholic beverage, 2010



Alcohol per capita (15+) consumption (in litres of pure alcohol)

	Average 2003–2005	Average 2008–2010	Change
Recorded	10.4	10.3	→
Unrecorded	1.2	1.1	→
Total	11.6	11.4	→
Total males / females		17.9 / 5.3	
WHO European Region	11.9	10.9	

Total alcohol per capita (15+) consumption, drinkers only (in litres of pure alcohol), 2010

Males (15+)	24.3
Females (15+)	8.7
Both sexes (15+)	16.9

Prevalence of heavy episodic drinking* (%), 2010

	Population	Drinkers only
Males (15+)	27.0	36.6
Females (15+)	12.7	20.6
Both sexes (15+)	19.6	29.1

*Consumed at least 60 grams or more of pure alcohol on at least one occasion in the past 30 days.

Abstainers (%), 2010

	Males	Females	Both sexes
Lifetime abstainers (15+)	7.7	21.0	14.6
Former drinkers* (15+)	18.6	17.4	18.0
Abstainers (15+), past 12 months	26.3	38.4	32.6

*Persons who used to drink alcoholic beverages but have not done so in the past 12 months.

Patterns of drinking score, 2010

LEAST RISKY < 1 2 3 4 5 > MOST RISKY

HEALTH CONSEQUENCES: MORTALITY AND MORBIDITY

Age-standardized death rates (ASDR) and alcohol-attributable fractions (AAF), 2012

	ASDR*		AAF (%)	
	29.4	7.4	74.8	59.2
Liver cirrhosis, males / females	18.0	5.7	25.7	7.3
Road traffic accidents, males / females				

*Per 100 000 population (15+).

Prevalence of alcohol use disorders and alcohol dependence (%), 2010*

	Alcohol use disorders**	Alcohol dependence
Males	12.0	6.4
Females	2.3	1.2
Both sexes	7.0	3.7
WHO European Region	7.5	4.0

*12-month prevalence estimates (15+).

**Including alcohol dependence and harmful use of alcohol.

Years of life lost (YLL) score*, 2012

LEAST < 1 2 3 4 5 > MOST

*Based on alcohol-attributable years of life lost.

POLICIES AND INTERVENTIONS

Written national policy (adopted/revised) / National action plan	No / —	National maximum legal blood alcohol concentration (BAC) when driving a vehicle (general / young / professional), in %	0.05 / 0.05 / 0.05
Excise tax on beer / wine / spirits	Yes / No / Yes	Legally binding regulations on alcohol advertising / product placement	Yes / Yes
National legal minimum age for off-premise sales of alcoholic beverages (beer / wine / spirits)	18 / 18 / 18	Legally binding regulations on alcohol sponsorship / sales promotion	Yes / Yes
National legal minimum age for on-premise sales of alcoholic beverages (beer / wine / spirits)	18 / 18 / 18	Legally required health warning labels on alcohol advertisements / containers	No / No
Restrictions for on-/off-premise sales of alcoholic beverages: Hours, days / places, density	No, Yes / Yes, No	National government support for community action	Yes
Specific events / intoxicated persons / petrol stations	Yes / Yes / No	National monitoring system(s)	No