

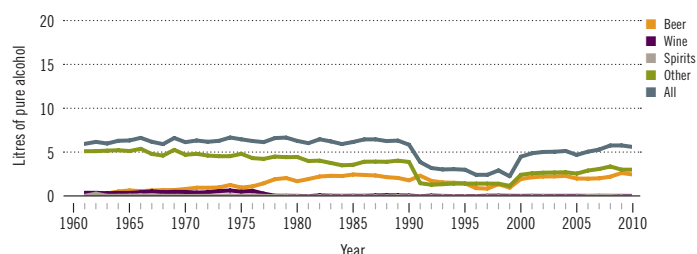
# Cameroon

Total population: 20 624 000 > Population aged 15 years and older (15+): 57% > Population in urban areas: 58% > Income group (World Bank): Lower middle income

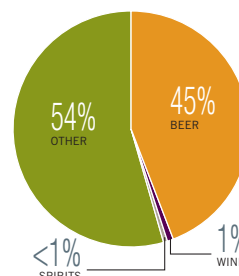
## ALCOHOL CONSUMPTION: LEVELS AND PATTERNS

Recorded alcohol per capita (15+) consumption, 1961–2010

Data refer to litres of pure alcohol per capita (15+).



Recorded alcohol per capita (15+) consumption (in litres of pure alcohol) by type of alcoholic beverage, 2010



Alcohol per capita (15+) consumption (in litres of pure alcohol)

	Average 2003–2005	Average 2008–2010	Change
Recorded	5.0	5.8	↗
Unrecorded	2.6	2.6	→
<b>Total</b>	<b>7.6</b>	<b>8.4</b>	↗
Total males / females		13.3 / 3.5	
WHO African Region	6.2	6.0	

Total alcohol per capita (15+) consumption, drinkers only (in litres of pure alcohol), 2010

Males (15+)	25.0
Females (15+)	10.4
Both sexes (15+)	19.3

Prevalence of heavy episodic drinking\* (%), 2010

	Population	Drinkers only
Males (15+)	17.3	32.5
Females (15+)	6.9	20.7
Both sexes (15+)	12.1	27.9

\*Consumed at least 60 grams or more of pure alcohol on at least one occasion in the past 30 days.

Abstainers (%), 2010

	Males	Females	Both sexes
Lifetime abstainers (15+)	30.0	57.4	43.8
Former drinkers* (15+)	16.6	9.4	13.0
Abstainers (15+), past 12 months	46.7	66.8	56.8

\*Persons who used to drink alcoholic beverages but have not done so in the past 12 months.

Patterns of drinking score, 2010

LEAST RISKY < 1 2 3 4 5 > MOST RISKY

## HEALTH CONSEQUENCES: MORTALITY AND MORBIDITY

Age-standardized death rates (ASDR) and alcohol-attributable fractions (AAF), 2012

	ASDR*		AAF (%)	
	ASDR*	AAF (%)	ASDR*	AAF (%)
Liver cirrhosis, males / females	85.2 / 31.9	68.0 / 63.2		
Road traffic accidents, males / females	34.2 / 14.9	14.3 / 3.7		

\*Per 100 000 population (15+).

Prevalence of alcohol use disorders and alcohol dependence (%), 2010\*

	Alcohol use disorders**	Alcohol dependence
Males	9.5	4.0
Females	1.9	0.9
Both sexes	5.7	2.5
WHO African Region	3.3	1.4

\*12-month prevalence estimates (15+).

\*\*Including alcohol dependence and harmful use of alcohol.

Years of life lost (YLL) score\*, 2012

LEAST < 1 2 3 4 5 > MOST

\*Based on alcohol-attributable years of life lost.

## POLICIES AND INTERVENTIONS

Written national policy (adopted/revised) / National action plan	No / —
Excise tax on beer / wine / spirits	Yes / Yes / Yes
National legal minimum age for off-premise sales of alcoholic beverages (beer / wine / spirits)	No / No / No
National legal minimum age for on-premise sales of alcoholic beverages (beer / wine / spirits)	No / No / No
Restrictions for on-/off-premise sales of alcoholic beverages: Hours, days / places, density Specific events / intoxicated persons / petrol stations	Yes, No / Yes, Yes No / No / Yes

National maximum legal blood alcohol concentration (BAC) when driving a vehicle (general / young / professional), in %	0.08 / 0.08 / 0.08
Legally binding regulations on alcohol advertising / product placement	Yes / No
Legally binding regulations on alcohol sponsorship / sales promotion	No / No
Legally required health warning labels on alcohol advertisements / containers	No / No
National government support for community action	Yes
National monitoring system(s)	No