

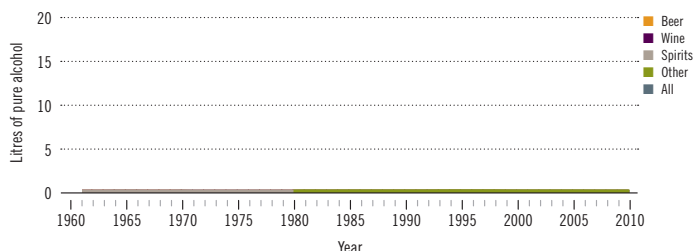
# Pakistan

Total population: 173 000 000 > Population aged 15 years and older (15+): 65% > Population in urban areas: 36% > Income group (World Bank): Lower middle income

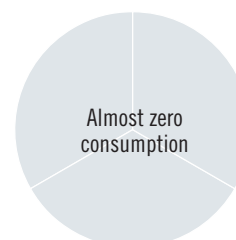
## ALCOHOL CONSUMPTION: LEVELS AND PATTERNS

Recorded alcohol per capita (15+) consumption, 1961–2010

Data refer to litres of pure alcohol per capita (15+).



Recorded alcohol per capita (15+) consumption (in litres of pure alcohol) by type of alcoholic beverage, 2010



Alcohol per capita (15+) consumption (in litres of pure alcohol)

	Average 2003–2005	Average 2008–2010	Change
Recorded	0.0	0.0	→
Unrecorded	0.1	0.0	→
<b>Total</b>	<b>0.1</b>	<b>0.1</b>	→
Total males / females		0.1 / 0.0	
WHO Eastern Mediterranean Region total	0.7	0.7	

Total alcohol per capita (15+) consumption, drinkers only (in litres of pure alcohol), 2010

Males (15+)	1.8
Females (15+)	0.1
Both sexes (15+)	1.2

Prevalence of heavy episodic drinking\* (%), 2010

	Population	Drinkers only
Males (15+)	0.2	2.9
Females (15+)	<0.1	0.3
Both sexes (15+)	0.1	2.1

\*Consumed at least 60 grams or more of pure alcohol on at least one occasion in the past 30 days.

Abstainers (%), 2010

	Males	Females	Both sexes
Lifetime abstainers (15+)	89.6	94.8	92.1
Former drinkers* (15+)	5.2	2.6	3.9
Abstainers (15+), past 12 months	94.7	97.3	96.0

\*Persons who used to drink alcoholic beverages but have not done so in the past 12 months.

Patterns of drinking score, 2010

LEAST RISKY No information available MOST RISKY

## HEALTH CONSEQUENCES: MORTALITY AND MORBIDITY

Age-standardized death rates (ASDR) and alcohol-attributable fractions (AAF), 2012

	ASDR*		AAF (%)	
	37.4	33.0	2.4	14.1
Liver cirrhosis, males / females	40.8	8.6	0.1	0.0
Road traffic accidents, males / females				

\*Per 100 000 population (15+).

Prevalence of alcohol use disorders and alcohol dependence (%), 2010\*

	Alcohol use disorders**	Alcohol dependence
Males	0.5	0.3
Females	0.1	0.1
Both sexes	0.3	0.2
WHO Eastern Mediterranean Region	0.3	0.2

\*12-month prevalence estimates (15+).

\*\*Including alcohol dependence and harmful use of alcohol.

Years of life lost (YLL) score\*, 2012

LEAST < 1 2 3 4 5 > MOST

\*Based on alcohol-attributable years of life lost.

## POLICIES AND INTERVENTIONS

Written national policy (adopted/revised) / National action plan	Yes (1973/—) / Yes
Excise tax on beer / wine / spirits	Yes / Yes / Yes
National legal minimum age for off-premise sales of alcoholic beverages (beer / wine / spirits)	21 / 21 / 21
National legal minimum age for on-premise sales of alcoholic beverages (beer / wine / spirits)	21 / 21 / 21
Restrictions for on-/off-premise sales of alcoholic beverages: Hours, days / places, density	Yes, Yes / Yes, Yes
Specific events / intoxicated persons / petrol stations	Yes / No / Yes

National maximum legal blood alcohol concentration (BAC) when driving a vehicle (general / young / professional), in %	Zero tolerance
Legally binding regulations on alcohol advertising / product placement	Yes / Yes
Legally binding regulations on alcohol sponsorship / sales promotion	Yes / Yes
Legally required health warning labels on alcohol advertisements / containers	No / No
National government support for community action	No
National monitoring system(s)	Yes