

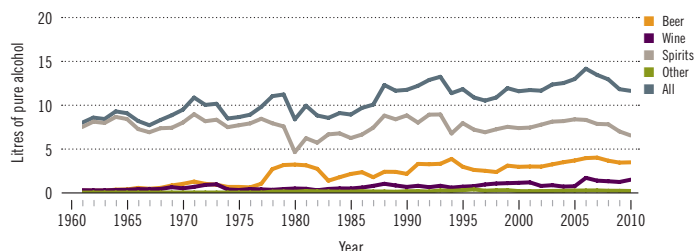
# Saint Lucia

Total population: 177 000 > Population aged 15 years and older (15+): 75% > Population in urban areas: 28% > Income group (World Bank): Upper middle income

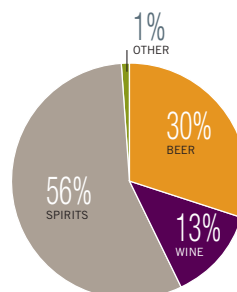
## ALCOHOL CONSUMPTION: LEVELS AND PATTERNS

Recorded alcohol per capita (15+) consumption, 1961–2010

Data refer to litres of pure alcohol per capita (15+).



Recorded alcohol per capita (15+) consumption (in litres of pure alcohol) by type of alcoholic beverage, 2010



Alcohol per capita (15+) consumption (in litres of pure alcohol)

	Average 2003–2005	Average 2008–2010	Change
Recorded	11.5 <sup>1</sup>	10.1 <sup>1</sup>	↘
Unrecorded	0.5	0.2	→
<b>Total</b>	<b>12.0</b>	<b>10.4</b>	↘
Total males / females		15.1   5.9	
WHO Region of the Americas	9.2	8.4	

<sup>1</sup>Tourist consumption deducted when at least as many tourists as inhabitants.

Prevalence of heavy episodic drinking\* (%), 2010

	Population	Drinkers only
Males (15+)	8.6	13.7
Females (15+)	1.2	2.9
Both sexes (15+)	4.8	9.2

\*Consumed at least 60 grams or more of pure alcohol on at least one occasion in the past 30 days.

Total alcohol per capita (15+) consumption, drinkers only (in litres of pure alcohol), 2010

Males (15+)	24.0
Females (15+)	14.0
Both sexes (15+)	19.9

Abstainers (%), 2010

	Males	Females	Both sexes
Lifetime abstainers (15+)	15.9	37.3	26.9
Former drinkers* (15+)	21.2	20.7	21.0
Abstainers (15+), past 12 months	37.1	58.0	47.8

\*Persons who used to drink alcoholic beverages but have not done so in the past 12 months.

Patterns of drinking score, 2010

LEAST RISKY < 1 2 3 4 5 > MOST RISKY

## HEALTH CONSEQUENCES: MORTALITY AND MORBIDITY

Age-standardized death rates (ASDR) and alcohol-attributable fractions (AAF), 2012

	ASDR*		AAF (%)	
Liver cirrhosis, males / females	—	—	—	—
Road traffic accidents, males / females	—	—	—	—

\*Per 100 000 population (15+).

Years of life lost (YLL) score\*, 2012

LEAST No information available MOST

\*Based on alcohol-attributable years of life lost.

Prevalence of alcohol use disorders and alcohol dependence (%), 2010\*

	Alcohol use disorders**	Alcohol dependence
Males	7.9	3.8
Females	3.1	1.8
Both sexes	5.4	2.8
WHO Region of the Americas	6.0	3.4

\*12-month prevalence estimates (15+).

\*\*Including alcohol dependence and harmful use of alcohol.

## POLICIES AND INTERVENTIONS

Written national policy (adopted/revised) / National action plan	No / —
Excise tax on beer / wine / spirits	Yes / No / Yes
National legal minimum age for off-premise sales of alcoholic beverages (beer / wine / spirits)	18 / 18 / 18
National legal minimum age for on-premise sales of alcoholic beverages (beer / wine / spirits)	16 / 16 / 16
Restrictions on on-/off-premise sales of alcoholic beverages:	
Hours, days / places, density	Yes, Yes / Yes, No
Specific events / intoxicated persons / petrol stations	No / No / Yes

National maximum legal blood alcohol concentration (BAC) when driving a vehicle (general / young / professional), in %	0.08 / 0.08 / 0.08
Legally binding regulations on alcohol advertising / product placement	No / No
Legally binding regulations on alcohol sponsorship / sales promotion	No / No
Legally required health warning labels on alcohol advertisements / containers	No / No
National government support for community action	Yes
National monitoring system(s)	No