

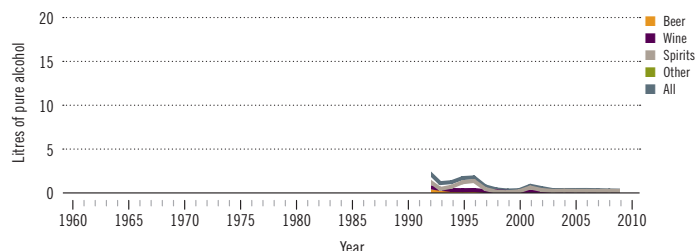
Tajikistan

Total population: 7 627 000 > Population aged 15 years and older (15+): 64% > Population in urban areas: 26% > Income group (World Bank): Low income

ALCOHOL CONSUMPTION: LEVELS AND PATTERNS

Recorded alcohol per capita (15+) consumption, 1961–2010

Data refer to litres of pure alcohol per capita (15+).



Recorded alcohol per capita (15+) consumption (in litres of pure alcohol) by type of alcoholic beverage, 2010



Alcohol per capita (15+) consumption (in litres of pure alcohol)

	Average 2003–2005	Average 2008–2010	Change
Recorded	0.4	0.3	→
Unrecorded	3.0	2.5	↘
Total	3.4	2.8	↘
Total males / females		4.3 / 1.4	
WHO European Region	11.9	10.9	

Total alcohol per capita (15+) consumption, drinkers only (in litres of pure alcohol), 2010

Males (15+)	31.1
Females (15+)	28.3
Both sexes (15+)	30.3

Prevalence of heavy episodic drinking* (%), 2010

	Population	Drinkers only
Males (15+)	1.9	13.7
Females (15+)	0.1	1.2
Both sexes (15+)	1.0	10.4

*Consumed at least 60 grams or more of pure alcohol on at least one occasion in the past 30 days.

Abstainers (%), 2010

	Males	Females	Both sexes
Lifetime abstainers (15+)	75.0	90.0	82.5
Former drinkers* (15+)	11.1	5.2	8.1
Abstainers (15+), past 12 months	86.1	95.2	90.7

*Persons who used to drink alcoholic beverages but have not done so in the past 12 months.

Patterns of drinking score, 2010

LEAST RISKY < 1 2 3 4 5 > MOST RISKY

HEALTH CONSEQUENCES: MORTALITY AND MORBIDITY

Age-standardized death rates (ASDR) and alcohol-attributable fractions (AAF), 2012

	ASDR*		AAF (%)	
	39.4	45.1	44.7	48.9
Liver cirrhosis, males / females	37.5	9.2	4.7	1.6
Road traffic accidents, males / females				

*Per 100 000 population (15+).

Prevalence of alcohol use disorders and alcohol dependence (%), 2010*

	Alcohol use disorders**	Alcohol dependence
Males	1.3	0.7
Females	0.3	0.1
Both sexes	0.8	0.4
WHO European Region	7.5	4.0

*12-month prevalence estimates (15+).

**Including alcohol dependence and harmful use of alcohol.

Years of life lost (YLL) score*, 2012

LEAST < 1 2 3 4 5 > MOST

*Based on alcohol-attributable years of life lost.

POLICIES AND INTERVENTIONS

Written national policy (adopted/revised) / National action plan	Yes (2012/—) / No	National maximum legal blood alcohol concentration (BAC) when driving a vehicle (general / young / professional), in %	0.03 / 0.03 / 0.03
Excise tax on beer / wine / spirits	Yes / Yes / Yes	Legally binding regulations on alcohol advertising / product placement	Yes / Yes
National legal minimum age for off-premise sales of alcoholic beverages (beer / wine / spirits)	18 / 18 / 18	Legally binding regulations on alcohol sponsorship / sales promotion	No / No
National legal minimum age for on-premise sales of alcoholic beverages (beer / wine / spirits)	18 / 18 / 18	Legally required health warning labels on alcohol advertisements / containers	No / No
Restrictions for on-/off-premise sales of alcoholic beverages:		National government support for community action	No
Hours, days / places, density	No, No / Yes, No	National monitoring system(s)	Yes
Specific events / intoxicated persons / petrol stations	Yes / No / No		