

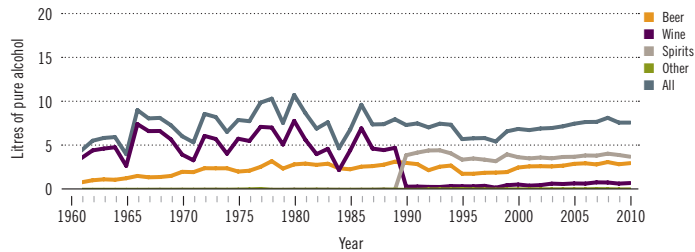
# Barbados

Total population: 280 000 ► Population aged 15 years and older (15+): 81% ► Population in urban areas: 44% ► Income group (World Bank): High income

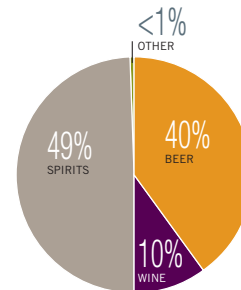
## ALCOHOL CONSUMPTION: LEVELS AND PATTERNS

### Recorded alcohol per capita (15+) consumption, 1961–2010

Data refer to litres of pure alcohol per capita (15+).



### Recorded alcohol per capita (15+) consumption (in litres of pure alcohol) by type of alcoholic beverage, 2010



### Alcohol per capita (15+) consumption (in litres of pure alcohol)

|                            | Average 2003–2005 | Average 2008–2010 | Change |
|----------------------------|-------------------|-------------------|--------|
| Recorded                   | 6.3 <sup>1</sup>  | 6.3 <sup>1</sup>  | →      |
| Unrecorded                 | 0.5               | 0.5               | →      |
| <b>Total</b>               | <b>6.8</b>        | <b>6.8</b>        | →      |
| Total males / females      |                   | 9.8 / 4.0         |        |
| WHO Region of the Americas | 9.2               | 8.4               |        |

<sup>1</sup>Tourist consumption deducted when at least as many tourists as inhabitants.

### Prevalence of heavy episodic drinking\* (%), 2010

|                  | Population | Drinkers only |
|------------------|------------|---------------|
| Males (15+)      | 23.9       | 31.9          |
| Females (15+)    | 5.3        | 8.5           |
| Both sexes (15+) | 14.5       | 21.2          |

\*Consumed at least 60 grams or more of pure alcohol on at least one occasion in the past 30 days.

### Total alcohol per capita (15+) consumption, drinkers only (in litres of pure alcohol), 2010

|                  |      |
|------------------|------|
| Males (15+)      | 13.1 |
| Females (15+)    | 6.3  |
| Both sexes (15+) | 10.0 |

### Abstainers (%), 2010

|                                  | Males | Females | Both sexes |
|----------------------------------|-------|---------|------------|
| Lifetime abstainers (15+)        | 6.5   | 18.0    | 12.3       |
| Former drinkers* (15+)           | 18.6  | 19.6    | 19.1       |
| Abstainers (15+), past 12 months | 25.1  | 37.6    | 31.4       |

\*Persons who used to drink alcoholic beverages but have not done so in the past 12 months.

### Patterns of drinking score, 2010

LEAST RISKY < 1 2 3 4 5 > MOST RISKY

## HEALTH CONSEQUENCES: MORTALITY AND MORBIDITY

### Age-standardized death rates (ASDR) and alcohol-attributable fractions (AAF), 2012

|   | ASDR* |     | AAF (%) |      |
|---|-------|-----|---------|------|
| Liver cirrhosis, males / females        | 13.3  | 4.2 | 56.8    | 52.5 |
| Road traffic accidents, males / females | 15.3  | 2.9 | 9.9     | 3.7  |

\*Per 100 000 population (15+).

### Prevalence of alcohol use disorders and alcohol dependence (%), 2010\*

|                            | Alcohol use disorders** | Alcohol dependence |
|----------------------------|-------------------------|--------------------|
| Males                      | 8.3                     | 3.8                |
| Females                    | 3.1                     | 1.7                |
| Both sexes                 | 5.7                     | 2.8                |
| WHO Region of the Americas | 6.0                     | 3.4                |

\*12-month prevalence estimates (15+).

\*\*Including alcohol dependence and harmful use of alcohol.

### Years of life lost (YLL) score\*, 2012

LEAST No information available MOST

\*Based on alcohol-attributable years of life lost.

## POLICIES AND INTERVENTIONS

|  |                                   |
|--|-----------------------------------|
| Written national policy (adopted/revised) / National action plan   | No / —                            |
| Excise tax on beer / wine / spirits  | Yes / Yes / Yes                   |
| National legal minimum age for off-premise sales of alcoholic beverages (beer / wine / spirits)  | 18 / 18 / 18                      |
| National legal minimum age for on-premise sales of alcoholic beverages (beer / wine / spirits)   | 18 / 18 / 18                      |
| Restrictions for on-/off-premise sales of alcoholic beverages:<br>Hours, days / places, density<br>Specific events / intoxicated persons / petrol stations | No, Yes / No, No<br>No / Yes / No |

|  |              |
|--|--------------|
| National maximum legal blood alcohol concentration (BAC) when driving a vehicle (general / young / professional), in % | No / No / No |
| Legally binding regulations on alcohol advertising / product placement   | No / No      |
| Legally binding regulations on alcohol sponsorship / sales promotion   | No / No      |
| Legally required health warning labels on alcohol advertisements / containers  | No / No      |
| National government support for community action   | Yes          |
| National monitoring system(s)  | No           |