

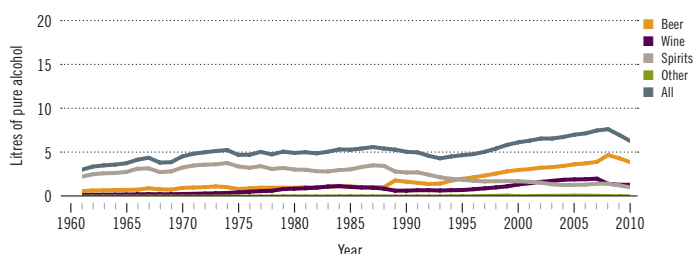
Iceland

Total population: 318 000 > Population aged 15 years and older (15+): 79% > Population in urban areas: 93% > Income group (World Bank): High income

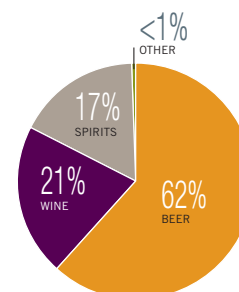
ALCOHOL CONSUMPTION: LEVELS AND PATTERNS

Recorded alcohol per capita (15+) consumption, 1961–2010

Data refer to litres of pure alcohol per capita (15+).



Recorded alcohol per capita (15+) consumption (in litres of pure alcohol) by type of alcoholic beverage, 2010



Alcohol per capita (15+) consumption (in litres of pure alcohol)

	Average 2003–2005	Average 2008–2010	Change
Recorded	6.0 ¹	6.6 ¹	↗
Unrecorded	0.4	0.5	→
Total	6.4	7.1	↗
Total males / females		9.8 / 4.3	
WHO European Region	11.9	10.9	

¹ Tourist consumption deducted when at least as many tourists as inhabitants.

Total alcohol per capita (15+) consumption, drinkers only (in litres of pure alcohol), 2010

Males (15+)	13.3
Females (15+)	7.0
Both sexes (15+)	10.4

Prevalence of heavy episodic drinking* (%), 2010

	Population	Drinkers only
Males (15+)	32.9	44.6
Females (15+)	14.4	23.3
Both sexes (15+)	23.7	34.9

* Consumed at least 60 grams or more of pure alcohol on at least one occasion in the past 30 days.

Abstainers (%), 2010

	Males	Females	Both sexes
Lifetime abstainers (15+)	7.5	20.6	14.1
Former drinkers* (15+)	18.6	17.4	18.0
Abstainers (15+), past 12 months	26.2	38.1	32.1

* Persons who used to drink alcoholic beverages but have not done so in the past 12 months.

Patterns of drinking score, 2010

LEAST RISKY < 1 2 3 4 5 > MOST RISKY

HEALTH CONSEQUENCES: MORTALITY AND MORBIDITY

Age-standardized death rates (ASDR) and alcohol-attributable fractions (AAF), 2012

	ASDR*		AAF (%)	
	3.3	0.8	46.2	64.8
Liver cirrhosis, males / females	7.9	2.3	12.3	5.5
Road traffic accidents, males / females				

* Per 100 000 population (15+).

Prevalence of alcohol use disorders and alcohol dependence (%), 2010*

	Alcohol use disorders**	Alcohol dependence
Males	5.6	3.0
Females	1.7	0.9
Both sexes	3.7	2.0
WHO European Region	7.5	4.0

* 12-month prevalence estimates (15+).

** Including alcohol dependence and harmful use of alcohol.

Years of life lost (YLL) score*, 2012

LEAST < 1 2 3 4 5 > MOST

* Based on alcohol-attributable years of life lost.

POLICIES AND INTERVENTIONS

Written national policy (adopted/revised) / National action plan	Yes (2011/—) / No	National maximum legal blood alcohol concentration (BAC) when driving a vehicle (general / young / professional), in %	0.05 / 0.05 / 0.05
Excise tax on beer / wine / spirits	Yes / Yes / Yes	Legally binding regulations on alcohol advertising / product placement	Yes / Yes
National legal minimum age for off-premise sales of alcoholic beverages (beer / wine / spirits)	20 / 20 / 20	Legally binding regulations on alcohol sponsorship / sales promotion	Yes / Yes
National legal minimum age for on-premise sales of alcoholic beverages (beer / wine / spirits)	20 / 20 / 20	Legally required health warning labels on alcohol advertisements / containers	No / No
Restrictions for on-/off-premise sales of alcoholic beverages:		National government support for community action	Yes
Hours, days / places, density	Yes, Yes / No, No	National monitoring system(s)	Yes
Specific events / intoxicated persons / petrol stations	Yes / Yes / Yes		