

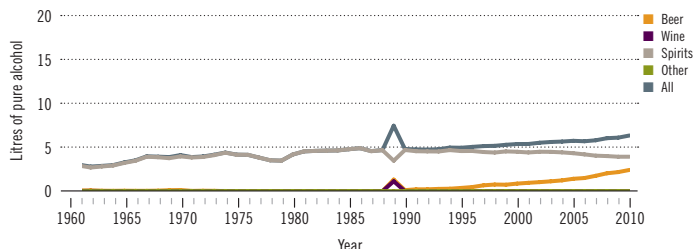
Lao People's Democratic Republic

Total population: 6 396 000 ► Population aged 15 years and older (15+): 63% ► Population in urban areas: 33% ► Income group (World Bank): Lower middle income

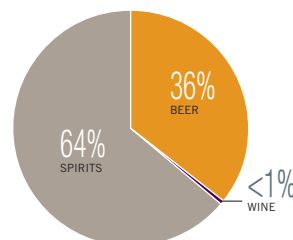
ALCOHOL CONSUMPTION: LEVELS AND PATTERNS

Recorded alcohol per capita (15+) consumption, 1961–2010

Data refer to litres of pure alcohol per capita (15+).



Recorded alcohol per capita (15+) consumption (in litres of pure alcohol) by type of alcoholic beverage, 2010



Alcohol per capita (15+) consumption (in litres of pure alcohol)

	Average 2003–2005	Average 2008–2010	Change
Recorded	5.7	6.2	→
Unrecorded	1.0	1.1	↗
Total	6.7	7.3	→
Total males / females		12.5 / 2.3	
WHO Western Pacific Region	5.4	6.8	

Total alcohol per capita (15+) consumption, drinkers only (in litres of pure alcohol), 2010

Males (15+)	20.9
Females (15+)	6.2
Both sexes (15+)	15.2

Prevalence of heavy episodic drinking* (%), 2010

	Population	Drinkers only
Males (15+)	22.5	37.9
Females (15+)	7.0	19.0
Both sexes (15+)	14.6	30.5

*Consumed at least 60 grams or more of pure alcohol on at least one occasion in the past 30 days.

Abstainers (%), 2010

	Males	Females	Both sexes
Lifetime abstainers (15+)	19.3	42.8	31.3
Former drinkers* (15+)	21.2	20.5	20.9
Abstainers (15+), past 12 months	40.5	63.3	52.1

*Persons who used to drink alcoholic beverages but have not done so in the past 12 months.

Patterns of drinking score, 2010

LEAST RISKY < 1 2 3 4 5 > MOST RISKY

HEALTH CONSEQUENCES: MORTALITY AND MORBIDITY

Age-standardized death rates (ASDR) and alcohol-attributable fractions (AAF), 2012

	ASDR*		AAF (%)	
	31.9	12.7	72.6	51.2
Liver cirrhosis, males / females	35.5	16.9	26.3	5.4
Road traffic accidents, males / females	*Per 100 000 population (15+).			

*Per 100 000 population (15+).

Prevalence of alcohol use disorders and alcohol dependence (%), 2010*

	Alcohol use disorders**	Alcohol dependence
Males	7.6	5.0
Females	1.4	0.7
Both sexes	4.5	2.8
WHO Western Pacific Region	4.6	2.3

*12-month prevalence estimates (15+).

**Including alcohol dependence and harmful use of alcohol.

Years of life lost (YLL) score*, 2012

LEAST < 1 2 3 4 5 > MOST

*Based on alcohol-attributable years of life lost.

POLICIES AND INTERVENTIONS

Written national policy (adopted/revised) / National action plan	Yes (2011/2012) / No	National maximum legal blood alcohol concentration (BAC) when driving a vehicle (general / young / professional), in %	0.08 / 0.08 / 0.08
Excise tax on beer / wine / spirits	Yes / No / No	Legally binding regulations on alcohol advertising / product placement	No / No
National legal minimum age for off-premise sales of alcoholic beverages (beer / wine / spirits)	No / No / No	Legally binding regulations on alcohol sponsorship / sales promotion	No / No
National legal minimum age for on-premise sales of alcoholic beverages (beer / wine / spirits)	18 / No / No	Legally required health warning labels on alcohol advertisements / containers	Yes / Yes
Restrictions for on-/off-premise sales of alcoholic beverages: Hours, days / places, density	No, No / Yes, No	National government support for community action	Yes
Specific events / intoxicated persons / petrol stations	Yes / No / No	National monitoring system(s)	No