

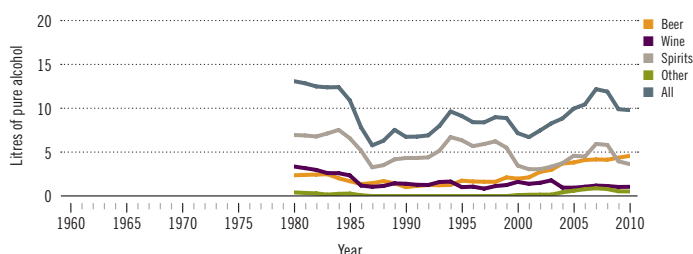
Latvia

Total population: 2 091 000 ► Population aged 15 years and older (15+): 86% ► Population in urban areas: 68% ► Income group (World Bank): Upper middle income

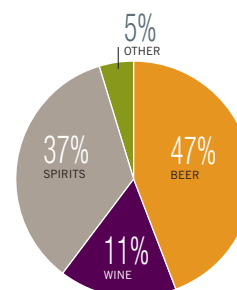
ALCOHOL CONSUMPTION: LEVELS AND PATTERNS

Recorded alcohol per capita (15+) consumption, 1961–2010

Data refer to litres of pure alcohol per capita (15+).



Recorded alcohol per capita (15+) consumption (in litres of pure alcohol) by type of alcoholic beverage, 2010



Alcohol per capita (15+) consumption (in litres of pure alcohol)

	Average 2003–2005	Average 2008–2010	Change
Recorded	9.0	10.5	↗
Unrecorded	3.0	1.8	↘
Total	12.0	12.3	→
Total males / females		19.7 / 6.3	
WHO European Region	11.9	10.9	

Total alcohol per capita (15+) consumption, drinkers only (in litres of pure alcohol), 2010

Males (15+)	26.5
Females (15+)	10.1
Both sexes (15+)	18.1

Prevalence of heavy episodic drinking* (%), 2010

	Population	Drinkers only
Males (15+)	30.3	40.9
Females (15+)	13.2	21.2
Both sexes (15+)	20.9	30.9

*Consumed at least 60 grams or more of pure alcohol on at least one occasion in the past 30 days.

Abstainers (%), 2010

	Males	Females	Both sexes
Lifetime abstainers (15+)	7.2	20.2	14.3
Former drinkers* (15+)	18.6	17.4	18.0
Abstainers (15+), past 12 months	25.8	37.6	32.3

*Persons who used to drink alcoholic beverages but have not done so in the past 12 months.

Patterns of drinking score, 2010

LEAST RISKY < 1 2 3 4 5 > MOST RISKY

HEALTH CONSEQUENCES: MORTALITY AND MORBIDITY

Age-standardized death rates (ASDR) and alcohol-attributable fractions (AAF), 2012

	ASDR*		AAF (%)	
	29.1	11.1	43.8	72.4
Liver cirrhosis, males / females	14.2	4.6	46.9	42.7
Road traffic accidents, males / females				

*Per 100 000 population (15+).

Prevalence of alcohol use disorders and alcohol dependence (%), 2010*

	Alcohol use disorders**	Alcohol dependence
Males	14.3	7.6
Females	2.5	1.3
Both sexes	7.7	4.1
WHO European Region	7.5	4.0

*12-month prevalence estimates (15+).

**Including alcohol dependence and harmful use of alcohol.

Years of life lost (YLL) score*, 2012

LEAST < 1 2 3 4 5 > MOST

*Based on alcohol-attributable years of life lost.

POLICIES AND INTERVENTIONS

Written national policy (adopted/revised) / National action plan	Yes (2005/2012) / Yes
Excise tax on beer / wine / spirits	Yes / Yes / Yes
National legal minimum age for off-premise sales of alcoholic beverages (beer / wine / spirits)	18 / 18 / 18
National legal minimum age for on-premise sales of alcoholic beverages (beer / wine / spirits)	18 / 18 / 18
Restrictions for on-/off-premise sales of alcoholic beverages:	
Hours, days / places, density	Yes, No / Yes, No
Specific events / intoxicated persons / petrol stations	Yes / No / No

National maximum legal blood alcohol concentration (BAC) when driving a vehicle (general / young / professional), in %	0.05 / 0.02 / 0.05
Legally binding regulations on alcohol advertising / product placement	Yes / Yes
Legally binding regulations on alcohol sponsorship / sales promotion	Yes / Yes
Legally required health warning labels on alcohol advertisements / containers	Yes / No
National government support for community action	Yes
National monitoring system(s)	Yes