

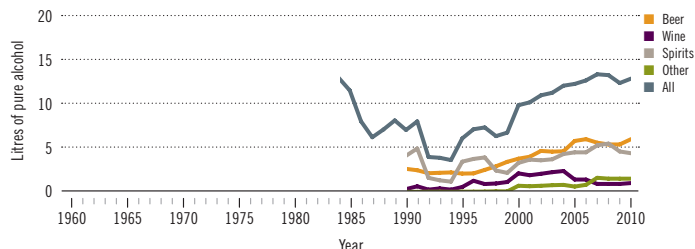
# Lithuania

Total population: 3 068 000 ➤ Population aged 15 years and older (15+): 85% ➤ Population in urban areas: 67% ➤ Income group (World Bank): Upper middle income

## ALCOHOL CONSUMPTION: LEVELS AND PATTERNS

Recorded alcohol per capita (15+) consumption, 1961–2010

Data refer to litres of pure alcohol per capita (15+).



Recorded alcohol per capita (15+) consumption (in litres of pure alcohol) by type of alcoholic beverage, 2010



Alcohol per capita (15+) consumption (in litres of pure alcohol)

	Average 2003–2005	Average 2008–2010	Change
Recorded	11.9	12.9	➔
Unrecorded	3.0	2.5	➡
<b>Total</b>	<b>14.9</b>	<b>15.4</b>	➔
Total males / females		24.4 / 7.9	
WHO European Region	11.9	10.9	

Total alcohol per capita (15+) consumption, drinkers only (in litres of pure alcohol), 2010

Males (15+)	33.3
Females (15+)	13.5
Both sexes (15+)	23.6

Abstainers (%), 2010

	Males	Females	Both sexes
Lifetime abstainers (15+)	8.0	24.0	16.8
Former drinkers* (15+)	18.6	17.4	18.0
Abstainers (15+), past 12 months	26.6	41.4	34.7

\*Persons who used to drink alcoholic beverages but have not done so in the past 12 months.

Prevalence of heavy episodic drinking\* (%), 2010

	Population	Drinkers only
Males (15+)	50.6	69.0
Females (15+)	25.0	42.7
Both sexes (15+)	36.6	56.1

\*Consumed at least 60 grams or more of pure alcohol on at least one occasion in the past 30 days.

Patterns of drinking score, 2010

LEAST RISKY < 1 2 3 4 5 > MOST RISKY

## HEALTH CONSEQUENCES: MORTALITY AND MORBIDITY

Age-standardized death rates (ASDR) and alcohol-attributable fractions (AAF), 2012

	ASDR*		AAF (%)	
Liver cirrhosis, males / females	53.9	19.7	50.6	74.1
Road traffic accidents, males / females	18.4	3.9	49.7	46.7

\*Per 100 000 population (15+).

Prevalence of alcohol use disorders and alcohol dependence (%), 2010\*

	Alcohol use disorders**	Alcohol dependence
Males	16.7	8.9
Females	3.0	1.6
Both sexes	9.2	4.9
WHO European Region	7.5	4.0

\*12-month prevalence estimates (15+).

\*\*Including alcohol dependence and harmful use of alcohol.

Years of life lost (YLL) score\*, 2012

LEAST < 1 2 3 4 5 > MOST

\*Based on alcohol-attributable years of life lost.

## POLICIES AND INTERVENTIONS

Written national policy (adopted/revised) / National action plan	Yes (1995/2011) / Yes
Excise tax on beer / wine / spirits	Yes / Yes / Yes
National legal minimum age for off-premise sales of alcoholic beverages (beer / wine / spirits)	18 / 18 / 18
National legal minimum age for on-premise sales of alcoholic beverages (beer / wine / spirits)	18 / 18 / 18
Restrictions on on-/off-premise sales of alcoholic beverages: Hours, days / places, density Specific events / intoxicated persons / petrol stations	Yes, No / Yes, No Yes / Yes / Yes

National maximum legal blood alcohol concentration (BAC) when driving a vehicle (general / young / professional), in %	0.04 / 0.02 / 0.02
Legally binding regulations on alcohol advertising / product placement	Yes / Yes
Legally binding regulations on alcohol sponsorship / sales promotion	Yes / Yes
Legally required health warning labels on alcohol advertisements / containers	Yes / No
National government support for community action	Yes
National monitoring system(s)	Yes