

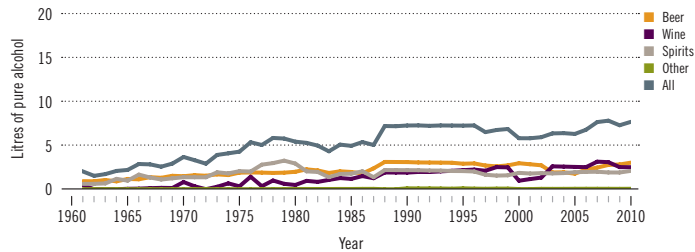
Malta

Total population: 425 000 > Population aged 15 years and older (15+): 84% > Population in urban areas: 95% > Income group (World Bank): High income

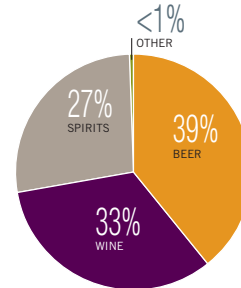
ALCOHOL CONSUMPTION: LEVELS AND PATTERNS

Recorded alcohol per capita (15+) consumption, 1961–2010

Data refer to litres of pure alcohol per capita (15+).



Recorded alcohol per capita (15+) consumption (in litres of pure alcohol) by type of alcoholic beverage, 2010



Alcohol per capita (15+) consumption (in litres of pure alcohol)

	Average 2003–2005	Average 2008–2010	Change
Recorded	5.0 [†]	6.6 [†]	↗
Unrecorded	0.4	0.4	→
Total	5.4	7.0	↗
Total males / females		9.7 / 4.2	
WHO European Region	11.9	10.9	

[†]Tourist consumption deducted when at least as many tourists as inhabitants.

Total alcohol per capita (15+) consumption, drinkers only (in litres of pure alcohol), 2010

Males (15+)	13.7
Females (15+)	8.4
Both sexes (15+)	11.5

Abstainers (%), 2010

	Males	Females	Both sexes
Lifetime abstainers (15+)	10.7	27.6	19.2
Former drinkers* (15+)	18.3	22.0	20.2
Abstainers (15+), past 12 months	29.0	49.7	39.4

*Persons who used to drink alcoholic beverages but have not done so in the past 12 months.

Prevalence of heavy episodic drinking* (%), 2010

	Population	Drinkers only
Males (15+)	38.0	53.6
Females (15+)	15.7	31.3
Both sexes (15+)	26.8	44.2

*Consumed at least 60 grams or more of pure alcohol on at least one occasion in the past 30 days.

Patterns of drinking score, 2010

LEAST RISKY < 1 2 3 4 5 > MOST RISKY

HEALTH CONSEQUENCES: MORTALITY AND MORBIDITY

Age-standardized death rates (ASDR) and alcohol-attributable fractions (AAF), 2012

	ASDR*		AAF (%)	
Liver cirrhosis, males / females	8.6	1.6	52.8	60.2
Road traffic accidents, males / females	8.1	2.2	14.0	5.9

*Per 100 000 population (15+).

Prevalence of alcohol use disorders and alcohol dependence (%), 2010*

	Alcohol use disorders**	Alcohol dependence
Males	4.7	2.5
Females	1.3	0.7
Both sexes	3.0	1.6
WHO European Region	7.5	4.0

*12-month prevalence estimates (15+).

**Including alcohol dependence and harmful use of alcohol.

Years of life lost (YLL) score*, 2012

LEAST < 1 2 3 4 5 > MOST

*Based on alcohol-attributable years of life lost.

POLICIES AND INTERVENTIONS

Written national policy (adopted/revised) / National action plan	No / —
Excise tax on beer / wine / spirits	Yes / No / Yes
National legal minimum age for off-premise sales of alcoholic beverages (beer / wine / spirits)	17 / 17 / 17
National legal minimum age for on-premise sales of alcoholic beverages (beer / wine / spirits)	17 / 17 / 17
Restrictions on on-/off-premise sales of alcoholic beverages: Hours, days / places, density Specific events / intoxicated persons / petrol stations	Yes, No / Yes, No Yes / Yes / Yes

National maximum legal blood alcohol concentration (BAC) when driving a vehicle (general / young / professional), in %	0.08 / 0.08 / 0.08
Legally binding regulations on alcohol advertising / product placement	Yes / Yes
Legally binding regulations on alcohol sponsorship / sales promotion	Yes / No
Legally required health warning labels on alcohol advertisements / containers	No / No
National government support for community action	No
National monitoring system(s)	No