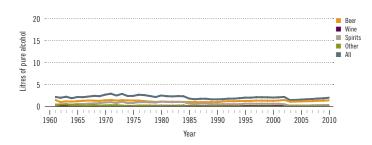
# Singapore

Total population: 5 079 000 > Population aged 15 years and older (15+): 83% > Population in urban areas: 100% > Income group (World Bank): High income

### ALCOHOL CONSUMPTION: LEVELS AND PATTERNS

Recorded alcohol per capita (15+) consumption, 1961–2010

Data refer to litres of pure alcohol per capita (15+).



Alcohol per capita (15+) consumption (in litres of pure alcohol)

	Average 2003–2005	Ave: 2008-		Change
Recorded	0.0 <sup>t</sup>	1.	.5 <sup>t</sup>	A
Unrecorded	1.0	0	.5	*
Total	1.0	2.0		A
Total males / females		2.8	1.2	
WHO Western Pacific Region	5.4	6	.8	

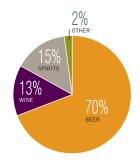
<sup>&</sup>lt;sup>t</sup> Tourist consumption deducted when at least as many tourists as inhabitants.

## Prevalence of heavy episodic drinking\* (%), 2010

	Population	Drinkers only
Males (15+)	8.6	12.8
Females (15+)	0.4	1.3
Both sexes (15+)	4.4	8.9

 $<sup>^{\</sup>star}\text{Consumed}$  at least 60 grams or more of pure alcohol on at least one occasion in the past 30 days.

Recorded alcohol per capita (15+) consumption (in litres of pure alcohol) by type of alcoholic beverage, 2010



Total alcohol per capita (15+) consumption, drinkers only (in litres of pure alcohol), 2010

Males (15+)	4.7
Females (15+)	2.4
Both sexes (15+)	3.9

#### Abstainers (%), 2010

	Males	Females	Both sexes
Lifetime abstainers (15+)	14.3	54.0	34.5
Former drinkers* (15+)	18.3	12.9	15.6
Abstainers (15+), past 12 months	32.6	66.9	50.1

<sup>\*</sup>Persons who used to drink alcoholic beverages but have not done so in the past 12 months.

Patterns of drinking score, 2010 LEAST RISKY < 1 ② 3 4 5 > MOST RISKY

## **HEALTH CONSEQUENCES: MORTALITY AND MORBIDITY**

Age-standardized death rates (ASDR) and alcohol-attributable fractions (AAF), 2012

	ASDR*		AAF (%)	
Liver cirrhosis, males / females	5.4	3.2	32.2	37.6
Road traffic accidents, males / females	9.8	2.6	3.7	0.8

<sup>\*</sup>Per 100 000 population (15+).

Years of life lost (YLL) score\*, 2012 LEAST < 1 2 3 4 5 > MOST

Prevalence of alcohol use disorders and alcohol dependence (%), 2010\*

	Alcohol use disorders**	Alcohol dependence
Males	1.4	0.7
Females	0.4	0.2
Both sexes	0.9	0.5
WHO Western Pacific Region	4.6	2.3

<sup>\*12-</sup>month prevalence estimates (15+).

## **POLICIES AND INTERVENTIONS**

Written national policy (adopted/revised) / National action plan	No / —
Excise tax on beer / wine / spirits	Yes / Yes / Yes
National legal minimum age for off-premise sales of alcoholic beverages (beer / wine / spirits)	18/18/18
National legal minimum age for on-premise sales of alcoholic beverages (beer / wine / spirits)	18 / 18 / 18
Restrictions for on-/off-premise sales of alcoholic beverages: Hours, days / places, density Specific events / intoxicated persons / petrol stations	Yes, No / Yes, No No / Yes / No

National maximum legal blood alcohol concentration (BAC) when driving a vehicle (general / young / professional), in %	0.08 / 0.08 / 0.08
Legally binding regulations on alcohol advertising / product placement	No / No
Legally binding regulations on alcohol sponsorship / sales promotion	No / No
Legally required health warning labels on alcohol advertisements / containers	No / No
National government support for community action	Yes
National monitoring system(s)	Yes

<sup>\*</sup>Based on alcohol-attributable years of life lost.

<sup>\*\*</sup>Including alcohol dependence and harmful use of alcohol.