

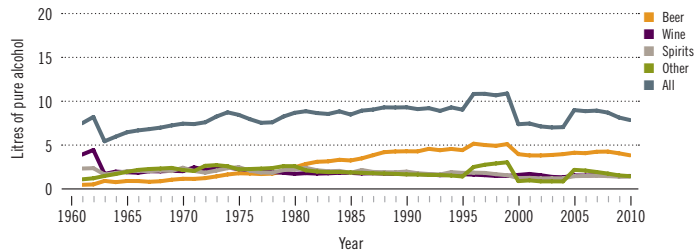
South Africa

Total population: 51 452 000 > Population aged 15 years and older (15+): 70% > Population in urban areas: 62% > Income group (World Bank): Upper middle income

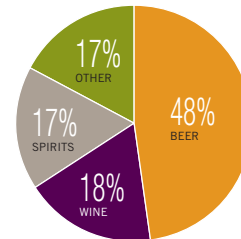
ALCOHOL CONSUMPTION: LEVELS AND PATTERNS

Recorded alcohol per capita (15+) consumption, 1961–2010

Data refer to litres of pure alcohol per capita (15+).



Recorded alcohol per capita (15+) consumption (in litres of pure alcohol) by type of alcoholic beverage, 2010



Alcohol per capita (15+) consumption (in litres of pure alcohol)

	Average 2003–2005	Average 2008–2010	Change
Recorded	7.6	8.2	→
Unrecorded	2.5	2.9	↗
Total	10.1	11.0	→
Total males / females		18.4 / 4.2	
WHO African Region	6.2	6.0	

Total alcohol per capita (15+) consumption, drinkers only (in litres of pure alcohol), 2010

Males (15+)	32.8
Females (15+)	16.0
Both sexes (15+)	27.1

Abstainers (%), 2010

	Males	Females	Both sexes
Lifetime abstainers (15+)	28.0	54.9	42.0
Former drinkers* (15+)	15.8	18.7	17.3
Abstainers (15+), past 12 months	43.7	73.7	59.4

*Persons who used to drink alcoholic beverages but have not done so in the past 12 months.

Patterns of drinking score, 2010

LEAST RISKY < 1 2 3 4 5 > MOST RISKY

Prevalence of heavy episodic drinking* (%), 2010

	Population	Drinkers only
Males (15+)	17.8	31.7
Females (15+)	3.7	13.9
Both sexes (15+)	10.4	25.6

*Consumed at least 60 grams or more of pure alcohol on at least one occasion in the past 30 days.

HEALTH CONSEQUENCES: MORTALITY AND MORBIDITY

Age-standardized death rates (ASDR) and alcohol-attributable fractions (AAF), 2012

	ASDR*		AAF (%)	
Liver cirrhosis, males / females	25.2	8.9	68.4	59.6
Road traffic accidents, males / females	47.7	16.2	52.2	11.6

*Per 100 000 population (15+).

Prevalence of alcohol use disorders and alcohol dependence (%), 2010*

	Alcohol use disorders**	Alcohol dependence
Males	10.0	4.2
Females	1.5	0.7
Both sexes	5.6	2.4
WHO African Region	3.3	1.4

*12-month prevalence estimates (15+).

**Including alcohol dependence and harmful use of alcohol.

Years of life lost (YLL) score*, 2012

LEAST < 1 2 3 4 5 > MOST

*Based on alcohol-attributable years of life lost.

POLICIES AND INTERVENTIONS

Written national policy (adopted/ revised) / National action plan	Yes (1999/2007) / Yes
Excise tax on beer / wine / spirits	Yes / Yes / Yes
National legal minimum age for off-premise sales of alcoholic beverages (beer / wine / spirits)	18 / 18 / 18
National legal minimum age for on-premise sales of alcoholic beverages (beer / wine / spirits)	18 / 18 / 18
Restrictions for on-/off-premise sales of alcoholic beverages: Hours, days / places, density Specific events / intoxicated persons / petrol stations	Yes, No / Yes, No No / Yes / No

National maximum legal blood alcohol concentration (BAC) when driving a vehicle (general / young / professional), in %	0.05 / 0.05 / 0.05
Legally binding regulations on alcohol advertising / product placement	No / No
Legally binding regulations on alcohol sponsorship / sales promotion	No / No
Legally required health warning labels on alcohol advertisements / containers	No / Yes
National government support for community action	No
National monitoring system(s)	Yes