

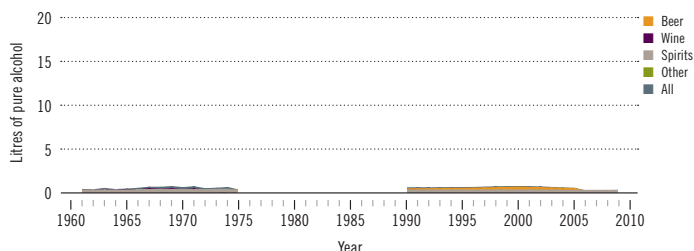
# Timor-Leste

Total population: 1 079 000 > Population aged 15 years and older (15+): 53% > Population in urban areas: 28% > Income group (World Bank): Lower middle income

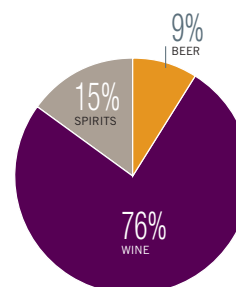
## ALCOHOL CONSUMPTION: LEVELS AND PATTERNS

Recorded alcohol per capita (15+) consumption, 1961–2010

Data refer to litres of pure alcohol per capita (15+).



Recorded alcohol per capita (15+) consumption (in litres of pure alcohol) by type of alcoholic beverage, 2010



Alcohol per capita (15+) consumption (in litres of pure alcohol)

	Average 2003–2005	Average 2008–2010	Change
Recorded	0.4	0.1	→
Unrecorded	0.5	0.5	→
<b>Total</b>	<b>0.9</b>	<b>0.6</b>	→
Total males / females		1.0 / 0.1	
WHO South-East Asia Region	2.9	3.5	

Total alcohol per capita (15+) consumption, drinkers only (in litres of pure alcohol), 2010

Males (15+)	9.5
Females (15+)	2.6
Both sexes (15+)	8.0

Prevalence of heavy episodic drinking\* (%), 2010

	Population	Drinkers only
Males (15+)	0.2	1.4
Females (15+)	0.0	0.1
Both sexes (15+)	0.1	1.1

\*Consumed at least 60 grams or more of pure alcohol on at least one occasion in the past 30 days.

Abstainers (%), 2010

	Males	Females	Both sexes
Lifetime abstainers (15+)	77.9	91.7	84.7
Former drinkers* (15+)	11.1	5.2	8.2
Abstainers (15+), past 12 months	89.0	96.9	92.9

\*Persons who used to drink alcoholic beverages but have not done so in the past 12 months.

Patterns of drinking score, 2010

LEAST RISKY No information available MOST RISKY

## HEALTH CONSEQUENCES: MORTALITY AND MORBIDITY

Age-standardized death rates (ASDR) and alcohol-attributable fractions (AAF), 2012

	ASDR*		AAF (%)	
	17.8	9.6	17.0	31.4
Liver cirrhosis, males / females	46.1	18.3	0.3	0.0
Road traffic accidents, males / females	*Per 100 000 population (15+).			

\*Per 100 000 population (15+).

Years of life lost (YLL) score\*, 2012

LEAST < 1 2 3 4 5 > MOST

\*Based on alcohol-attributable years of life lost.

Prevalence of alcohol use disorders and alcohol dependence (%), 2010\*

	Alcohol use disorders**	Alcohol dependence
Males	2.4	1.2
Females	0.5	0.2
Both sexes	1.5	0.7
WHO South-East Asia Region	2.2	1.7

\*12-month prevalence estimates (15+).

\*\*Including alcohol dependence and harmful use of alcohol.

## POLICIES AND INTERVENTIONS

Written national policy (adopted/revised) / National action plan	No / —	National maximum legal blood alcohol concentration (BAC) when driving a vehicle (general / young / professional), in %	0.05 / 0.05 / 0.05
Excise tax on beer / wine / spirits	Yes / Yes / Yes	Legally binding regulations on alcohol advertising / product placement	No / No
National legal minimum age for off-premise sales of alcoholic beverages (beer / wine / spirits)	No / No / No	Legally binding regulations on alcohol sponsorship / sales promotion	No / No
National legal minimum age for on-premise sales of alcoholic beverages (beer / wine / spirits)	No / No / No	Legally required health warning labels on alcohol advertisements / containers	No / No
Restrictions for on-/off-premise sales of alcoholic beverages: Hours, days / places, density	No, No / No, No	National government support for community action	Yes
Specific events / intoxicated persons / petrol stations	No / No / No	National monitoring system(s)	No